

- have poor organisational and self-help skills, such as getting dressed or finding tools for a task
- have perceptual-motor problems and find writing difficult
- have limited concentration and poor listening skills
- be unaware of danger when running and climbing
- have constant fidgety movement of hands and feet
- sometimes have difficulty producing certain speech sounds and be unable to communicate ideas easily.

Support strategies

You may need to:

- be consistent in using an organised set of rules and routines, and make sure that the child is notified of any changes in routine well in advance
- praise small achievements and set up an agreed reward system for good behaviour, rather than using too many sanctions for inappropriate behaviour
- provide opportunities for children to move in the classroom (eg practical activities and responsibilities)
- explain to others that it is the behaviour that is a problem, not the child as a person
- use time out as a benefit rather than a sanction, as a time to calm down and be away from distractions
- help pupils organise their written work by using writing frames and other alternative methods of recording
- give short, simple instructions and encourage the learner to talk through a task before attempting it
- let the pupil work in an individual or paired situation rather than expecting them to work in a group
- teach social skills - don't expect the pupil simply to pick up acceptable social behaviour
- incorporate suggested motor coordination exercises into group PE activities
- be realistic in your expectations - set short, clearly defined targets.

Support agencies

- ADD Information and Support Service: www.adiss.co.uk
- Children and Adults with Attention Deficit/Hyperactivity Disorder (USA): www.chadd.org
- Hyperactive Children's Support Group: www.hacsg.org.uk

If you would like a particular theme covered, have any interesting information or resources which you would like to share with your colleagues via this fortnightly bulletin please e-mail me and I will share accordingly.

ari@st-peters.bournemouth.sch.uk

Many thanks

Anne