



23rd October 2024

Year 11 GCSE Information Evening

Format of the Evening



- Mr Doyle – Headteacher
 - Welcome
- Mrs Gould – Deputy Head
 - Introduction
 - Making a difference at GCSE
 - The year ahead
- Mr Trickey – Year Leader
 - How the school will support your child
- Mrs Gould – Deputy Head
 - Effective revision: making a positive start

Mission Statement



*WITH CHRIST AS OUR GUIDE
LEARNING TOGETHER
LOVING GOD AND EACH OTHER
BECOMING THE BEST WE CAN BE*



The long term goal...





Mrs Gould

Making a difference at GCSE & the year ahead



11 Olympic medals including 4 in the 2024 olympics

30 World Championship medals

The most decorated gymnast in history

Suffered a serious, career threatening setback forcing her to withdraw from the Tokyo games

She had to refocus, retrain and seek support to get back to competition level



Simone Biles

"I think **everybody** inside is a champion themselves depending on **how you handle your failures and successes.**"

"I take things **one step at a time.**"

"**We can push ourselves further.** We always have more to give."

"**I thought I could figure it out on my own, but that's sometimes not the case.** And that's not something you should feel guilty or ashamed of."

"I'd rather **regret the risks that didn't work out** than the chances I didn't take at all."

She had to refocus, retrain and seek support to get back to competition level



What is **your** personal best? RE, English, Maths etc...

What strategies will you use to beat it?

Extra time revising, go to a booster class,
act on feedback from the last test, etc...

Repeat

This year so far...

- Year 11 have made a **really** positive start
 - Resolve
 - Resilience
 - Positive 'can-do' attitude
 - Focus



- It's now really important to **sustain** this as this is what makes a real difference!

The ingredients to success



Pupil Profile	Attendance	Attitude to Learning
A	98%	Exemplary
B	99%	Exemplary
C	95%	Poor at times
D	85%	Reasonable at school, didn't work at home
E	96%	Change in attitude at start of Y11
F	90%	Worked in certain subjects



Positive behaviour for learning and good attendance are needed to help you achieve to your full potential

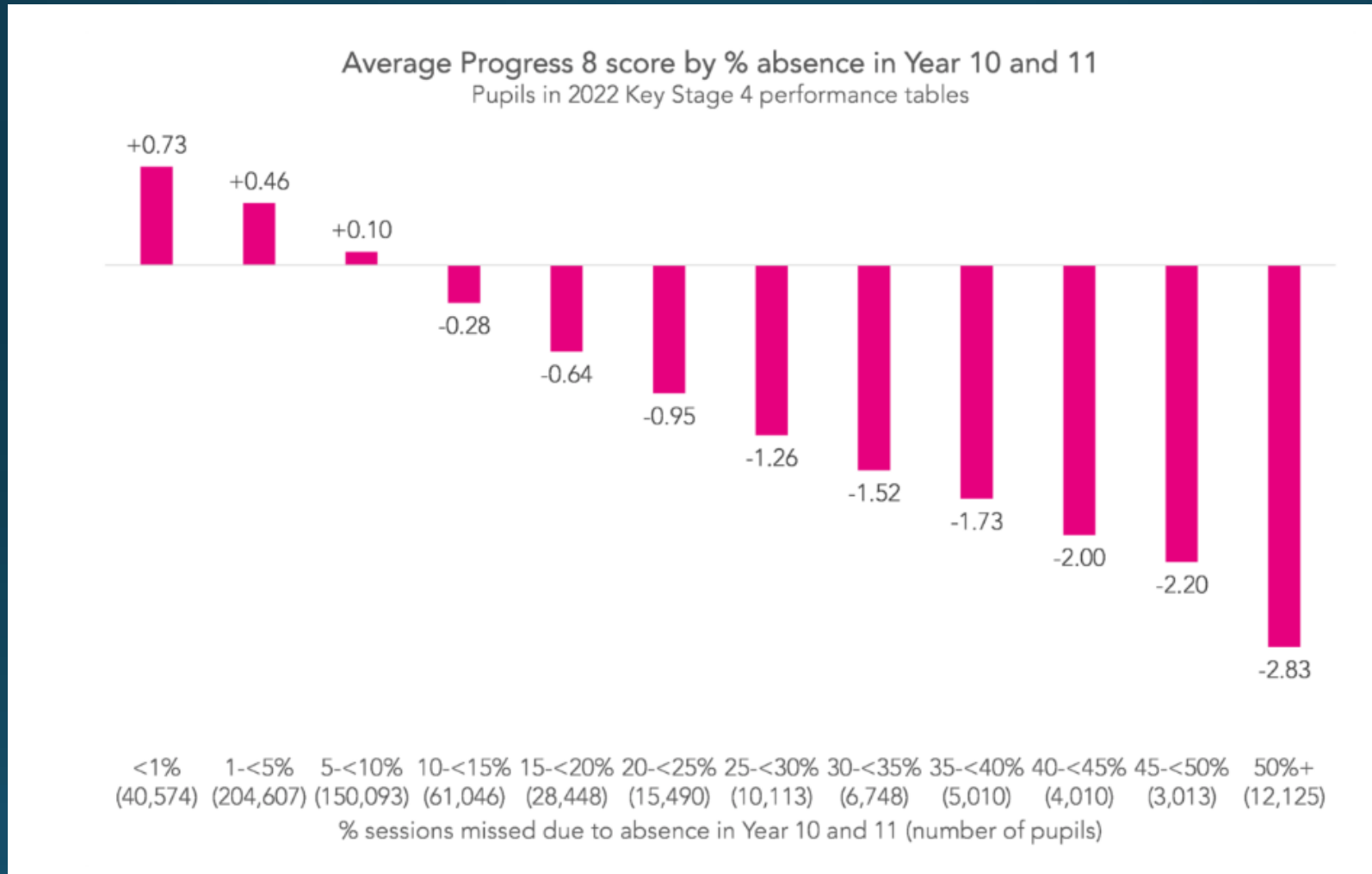
Attendance matters

Overall attainment in stated qualifications at the end of KS4 by percentage of sessions missed over KS4

	2018/19			
	Number eligible pupils	Percentage of pupils who achieved grades 9 to 4 in English and maths	Percentage of pupils who achieved grades 9 to 5 in English and maths	Percentage of pupils who achieved all components of the English Baccalaureate grades 9 to 5
0	11,143	83.7%	66.4%	33.9%
>0- <5	296,189	76.3%	54.4%	23.1%
5-<10	117,492	61.1%	36.6%	12.4%
10- <15	32,566	44.3%	21.9%	5.9%
15- <20	12,361	33.7%	14.9%	3.0%

[The link between absence and attainment at KS2 and KS4, Academic year 2018/19 – Explore education statistics – GOV.UK \(explore-education-statistics.service.gov.uk\)](https://www.gov.uk/explore-education-statistics)

Attendance matters



Hitting the target – what do you need?



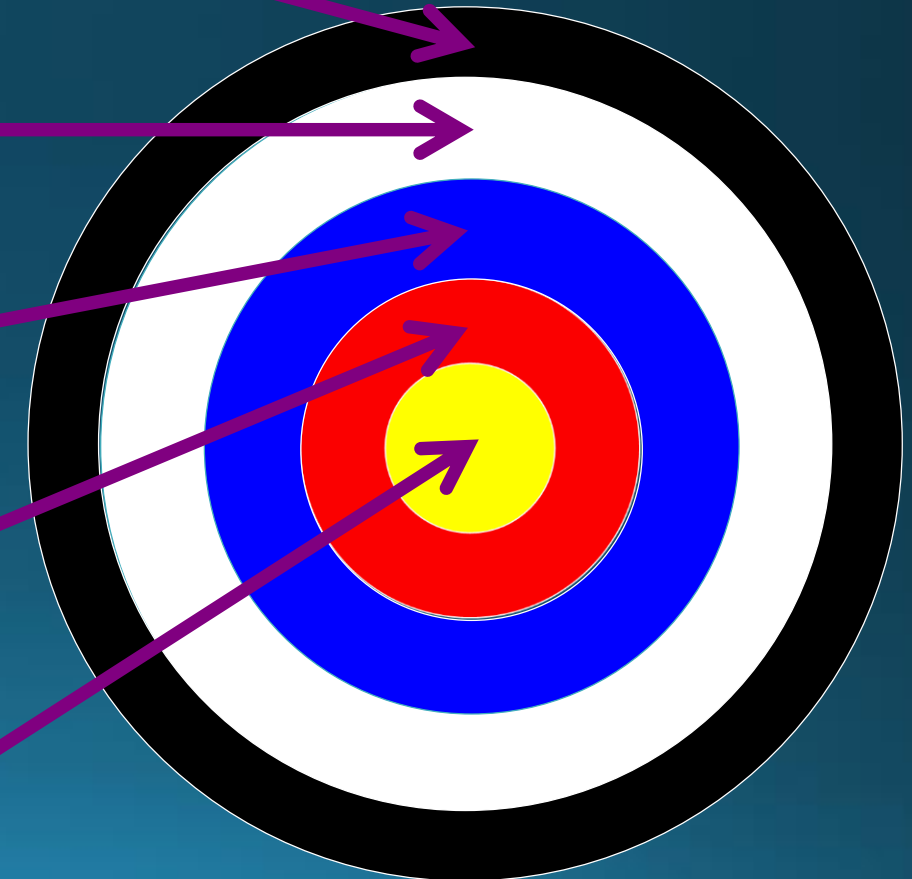
Less than 5 3-1 grades
Resit GCSEs, Entry Level Vocational,
Apprenticeship, job with training.

5 or more 3-1 grades
Resit GCSEs, Level 2 Vocational,
Apprenticeship, job with training.

5 or more 9-4 grades
Resit Maths/English, Level 3 Vocational,
Some A Levels, Apprenticeship, job with
training.

5 x 9-4 grades with Maths & English
Level 3 Vocational, Some A Levels,
Apprenticeship, job with training

Mostly 9-7 grades
All A Levels, Level 3 Vocational,
Apprenticeship, job with training



Common frustrations



The wrong thing

“Parental support is eight times more important in determining a child’s academic success than their demographical background”
(RSA, 2003)

It’s only a bit of paper...

The GCSEs have changed so much since I took them, how can I help?

She’s always got an excuse – I don’t know what to believe!

Remember how well your sister did

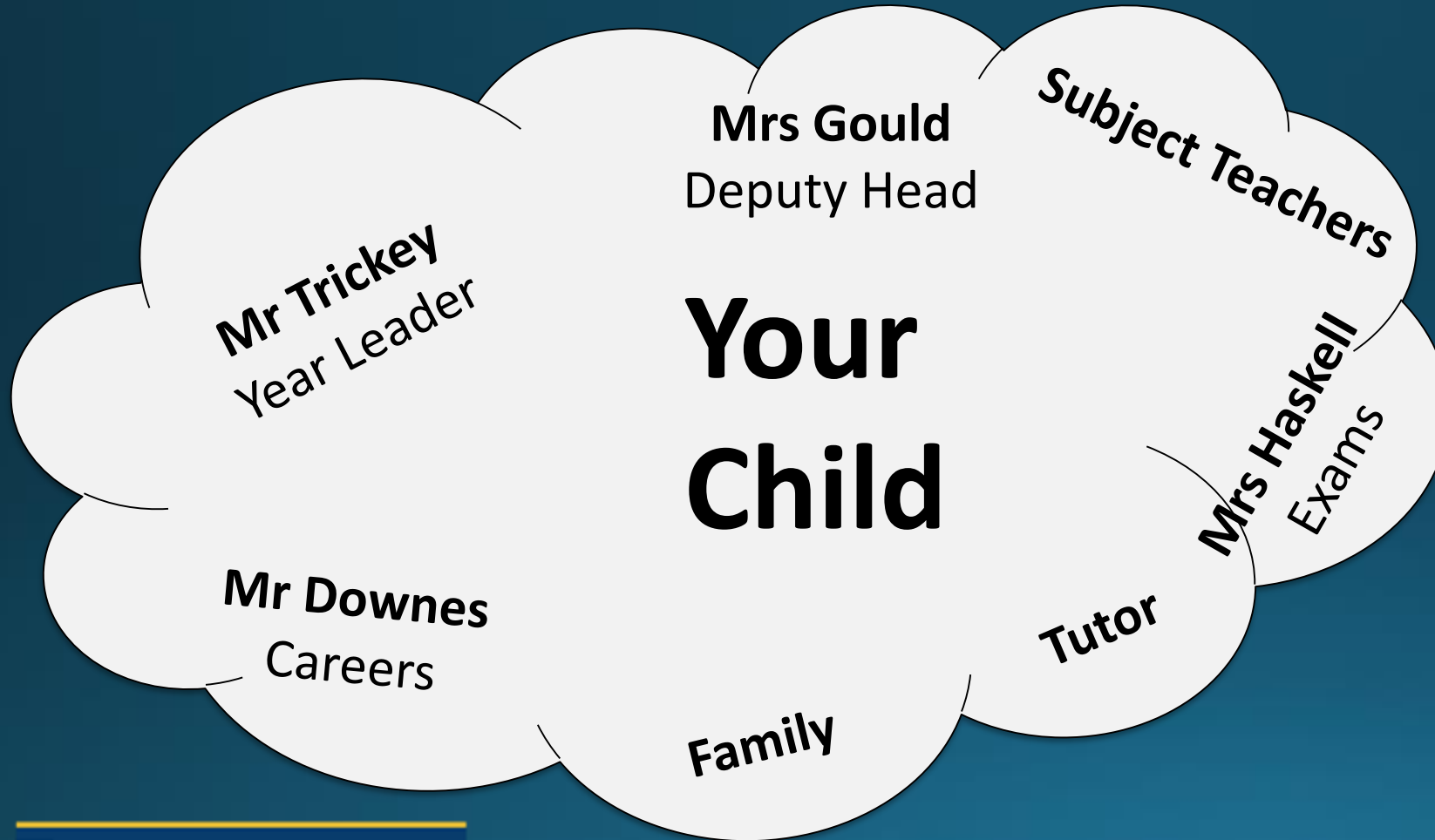
He leaves everything to the last minute, one moment he has all the time in the world, the next it’s all stress and stropping because it has to be in tomorrow and he hasn’t got the stuff he needs to do it ...

I can’t stand the arguments and stress when I tell him exams are important and try to make him work – it always ends up with him storming out slamming the door

You’ll kick yourself if you only miss out on one mark

She’s always panicked in exams, when I try to help it always ends up making her more stressed!

Key people this year



Exams

- Regulations are much tighter in relation to special considerations
- Very important you get in touch with Mrs Haskell early if you have any questions

Mock Exams

- Mock exams will take place from Monday 18th November to Friday 29th November.
- There will be some practical mock exams in the days either side of this for specific subjects
- If not in school, we will try to provide an opportunity to catch up but this may not be in the sports hall. Make every effort to be in where you can

Are mock exams all that important?



- They are useful for predicting how you will do in the summer but...
 - They are just a snapshot of your performance in each subject at that point of the year
 - You need to do something with the information you get from your mocks

Year 11 Mock Exams (18/11/24 -29/11/2024)

Are mock exams all that important?



- Like learning to drive, mock exams will:
 - Give you feedback on your strengths and areas for development
 - Help your teachers identify the areas you need to practise
 - Allow you to get used to any access arrangements you may have
 - Give you a good experience of the real thing
 - Used as **part** of the evidence base in the event exams do not run (resilience measures)
- No one expects you to make no mistakes – just that you do your best and keep trying!



Exams Information



The screenshot shows the website header for St Peter's Catholic School with a navigation menu including HOME, SCHOOL INFO, PRIMARY, and SECONDARY. The main content area features a breadcrumb trail: HOME > SECONDARY > EXAMINATIONS, followed by the title 'Examinations'. Below the title, there is a contact message for the Examinations Officer.

ST PETER'S
CATHOLIC SCHOOL

OFFICE 365

HOME SCHOOL INFO PRIMARY **SECONDARY**

HOME > SECONDARY > EXAMINATIONS

Examinations

If you have any questions relating to the examinations at St Peter's School do not hesitate to contact our Examinations Officer on 01202 437216 or email exams@st-peters.bournemouth.sch.uk

Rules for Candidates

- You **must** be on time for all your examinations.
- You **must not** become involved in any unfair or dishonest practice in any part of the examination.
- You **must not** sit an examination in the name of another candidate;
- You **must not** have in your possession any unauthorised material or equipment which might give you an unfair advantage.
- Possession of a mobile phone or other unauthorised material is not allowed – even if you do not intend to use it. You will be subject to penalty and possible disqualification from the exam/qualification.
- You **must not** talk to, attempt to communicate with or disturb other candidates once you have entered the examination room.
- You **must** follow the instructions of the invigilator.
- If you are in any doubt, or confused about anything, only speak to an invigilator.

JCQ Examination Information for ALL Students

Examination Timetables

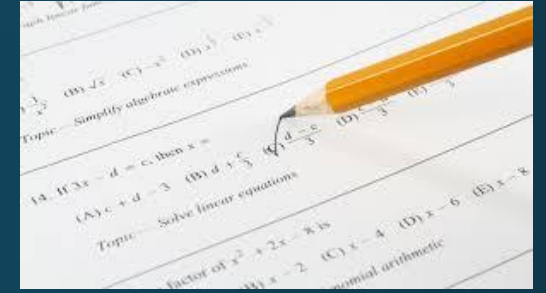
Coping with Anxiety & Stress during Exam Season

Replacement Certificates

Please do take time to review the key information on this page with your child as there is a lot of important information here e.g. NEAs, updates to restrictions in terms of exams, support for your child etc.

<https://www.st-peters.bournemouth.sch.uk/page/?title=Examinations&pid=87>

Exams in Summer 2025



- These will start and finish in the normal window with exams taking place between Thursday 8th May 2025 and Wednesday 25th June 2025 (including contingency dates)
- These dates are provisional but are unlikely to change
- Grade boundaries for Summer 2025 are being set by the exam as normal and will be set in line with 2024 grade boundaries
- There is a proposal that formula sheets for maths, combined science and physics be allowed in exams again in Summer 2025. We are awaiting the results of a consultation that closed last week.



Exam information

If you have a question regarding additional time/support etc. for exams, please email: exams@st-peters.bournemouth.sch.uk

Point of contact: Mrs Haskell – Examinations Officer

Next steps (Post-16)



We recognise that for parents and students, this is a stressful time!

- You want your child somewhere where they will be **successful**.
- You **need** your child to make their mind up!
- You want your child to be **happy** and **supported**.



Factors to consider

- Location and transport – is it realistic?
- Past results/reputation
- Friends
- Courses on offer
- 'Spreading wings' versus reality – what's right for you?



WHAT NEXT

- Apply to Sixth form and/or using your predicted grades by **24/01/25**
- Make sure you are clear about the entry requirements
- Clash of subjects? Speak to Sixth Form or College providers to see if there is flexibility
- Attend any Open Events/Taster Days (Sixth Form taster day on **04/12/24**)
- Speak to current students (get the real insight)
- Applying for apprenticeships? Make sure you know how to go about this.
- Speak to Mr Downes, your tutors, Mr Trickey or Mrs Gould if you need advice and guidance
- And finally- **work hard!**

How to access a Careers appointment



- Appointment request slips are available from the Library and Careers Office.
- Alternatively, students can e-mail Mr Downes directly or ask their form tutors to do so on their behalf.
- Parents are welcome to attend meetings by prior arrangement.
- Please note that due to heavy demand, there can be a delay of several weeks between requesting an appointment and it taking place. However, if circumstances are urgent, students will be seen as soon as possible.

How to apply

The screenshot shows the website for St Peter's Catholic School. The background features a group of young women celebrating and holding up papers. The navigation menu includes: HOME, SCHOOL INFO, PRIMARY, SECONDARY, SIXTH FORM, COMMUNITY, CONTACT US. A yellow arrow points to the 'SIXTH FORM' link. In the top right corner, there are links for OFFICE 365, SIMS, PARENTPAY, FOCUS ON SOUND, and social media icons for Facebook and a search function. A blue box on the right side of the page contains the text 'In this section' and a list of links: 'APPLY NOW FOR 2025' (circled in red), 'OPTION BLOCKS', and 'PROSPECTUS'. The breadcrumb trail at the bottom left reads: HOME > SIXTH FORM > JOIN US > APPLY NOW FOR 2025. The main heading is 'Apply Now for 2025'. The footer includes the school's logo and the text 'ST PETER'S CATHOLIC SCHOOL SIXTH FORM'.

ST PETER'S CATHOLIC SCHOOL

OFFICE 365 SIMS PARENTPAY FOCUS ON SOUND

HOME SCHOOL INFO PRIMARY SECONDARY SIXTH FORM COMMUNITY CONTACT US

In this section

- APPLY NOW FOR 2025
- OPTION BLOCKS
- PROSPECTUS

HOME > SIXTH FORM > JOIN US > APPLY NOW FOR 2025

Apply Now for 2025

ST PETER'S CATHOLIC SCHOOL
SIXTH FORM

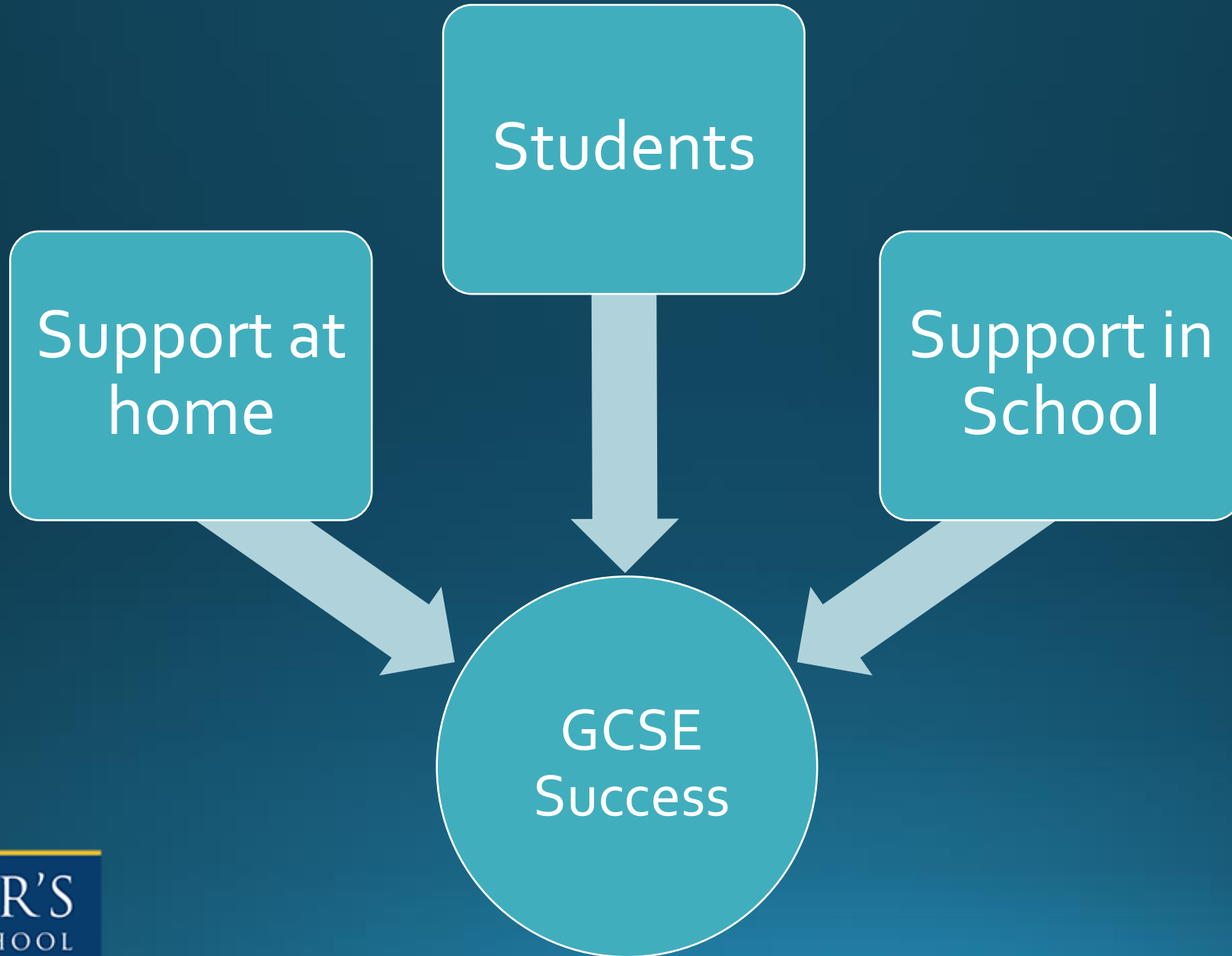


Mr Trickey

Year Leader

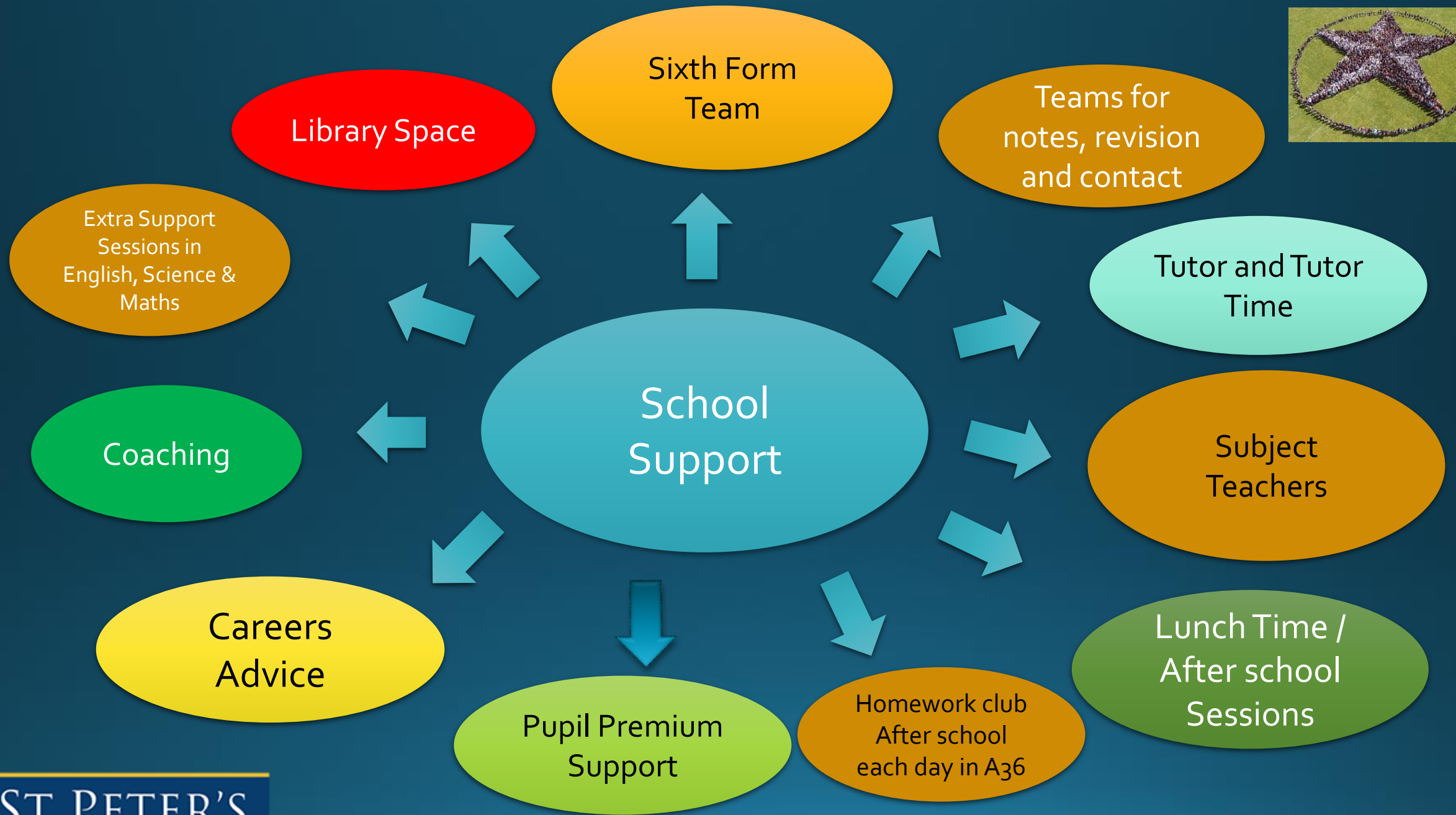
Academic tracking

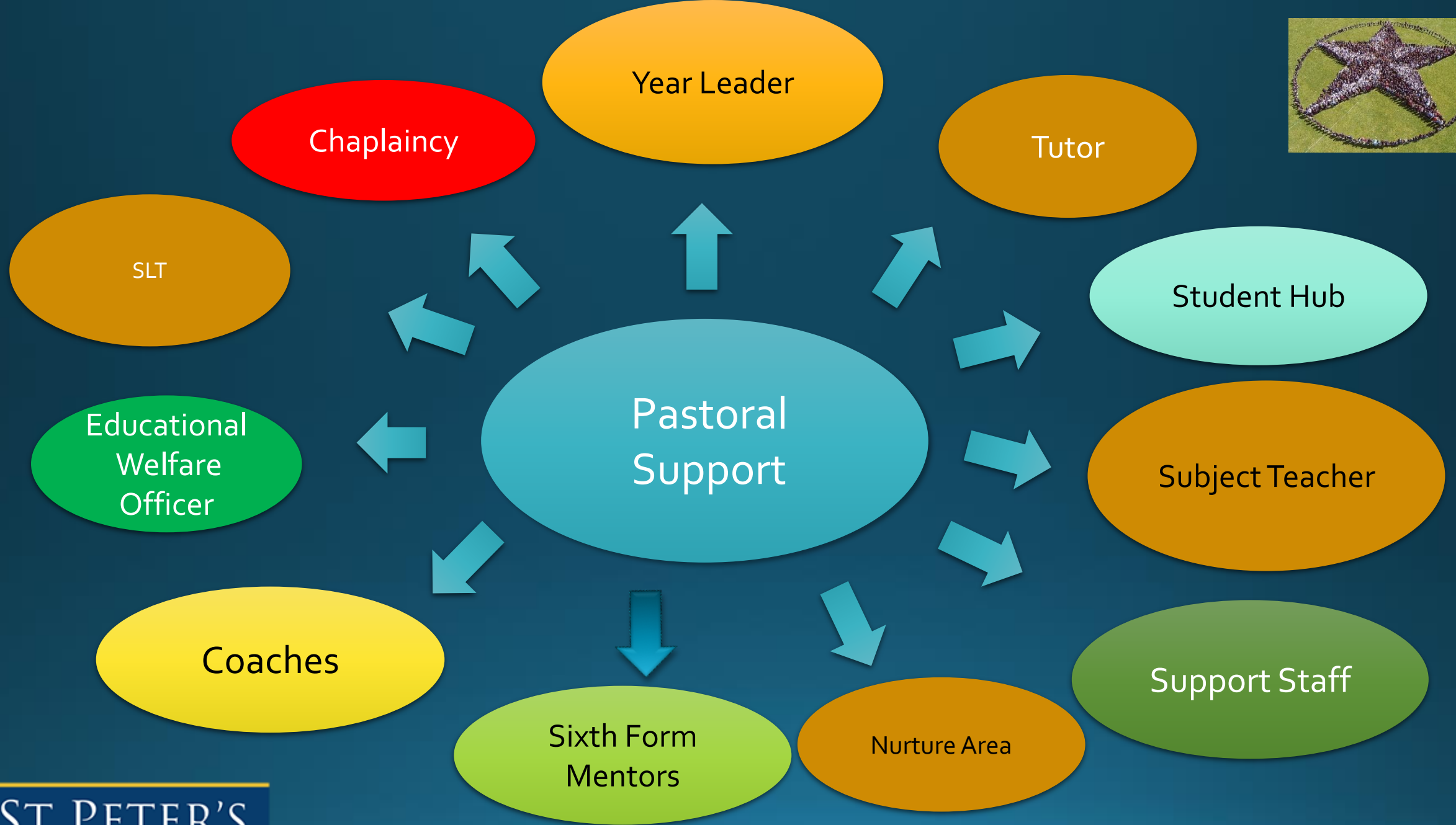
- Your son or daughter will be given their most recent set of Academic Tracking next week.
- This gives the best indication yet as to the grades that they are likely to achieve, if they continue as they are.
- It is made up from their exam performance at the end of year 10, as well as the start they have made to Year 11.
- Attitude to Learning Grade is still a key factor, are they engaged in class activities, home learning etc.
- Some students will need to continue as they are, some might need to change something that is not working, to maximise their potential, we have only 10 school days including tomorrow until the students are starting their Mock Exams.



Opportunities and sacrifices during the year

- Your child is likely to have a lot of 'plates' to keep spinning through the year, probably more than in previous years.
- School work, family time, time with friends, sporting activity, part time employment, computers/consoles/screen time...
- In order to maximise their potential, students will need to make some sacrifices through the year.
 - A lunchtime to check something they are not sure on.
 - A sports club for a few weeks to revise for Mocks.
 - Staying in a bit more for part of the weekend to revise.
- All students and their situations, timetables and commitments are different, but all will need to prepare, revise, practice etc. for their Mocks and Summer Exams.
- It is only normal to feel some pressure as we progress through Year 11, but students need to keep social and fun elements outside for school work, needs to be a balance.
- Any concerns with pressure etc that a student feels, speak to their tutor or myself so we can monitor and help if needed pastorally. Outside agencies including Dorset Minds and Kooth can help and be a good starting point for concerns with mental health.
- With school and home working together to support a student, and the students commitment and efforts, the student should experience success in the Summer Exams.





Subject Support Sessions

Revision/Support Sessions	
Geography	After school sessions are available on Wednesday (3.15-4.00pm in E2). Lots of resources for revision & past papers is on teams.
Art	After school sessions are available on Monday Week A B55; After school Thurs Week B. Students welcome at lunchtime and after school at other times via agreement with their teacher.
Child Development	Support sessions for coursework are available on Tuesday, Wednesday, Thursday after school (3.15- 4.45pm in C5) After February half term there will be exam revision. Dates may change, a list will be posted on board in C5.
Citizenship	There is an exam question compendium and textbook lending service available, as well as a bespoke activity book.
D&T Textiles	Support sessions are available on a Wednesday lunchtime and Wednesday after school.
Dance	From February there will be an <u>after school</u> session on a Wednesday to support with the NEA which will change to revision after the Easter Holiday
Design Technology	Support sessions are available on a Tuesday lunchtime for all technology students and after school (3.15-4.45pm) if you are in Mr Laurijssen's or Mr Titterington's group and a Tuesday or Wednesday after school if you are in Mr Berry's group.
Drama - KST	Mrs Stanisstreet will be running a lunchtime revision session on either a Tuesday, Wednesday or Friday nearer to the exam (Date to be confirmed- around April/May). There will be after school and lunchtime rehearsal space provision prior to the Comp 2 performance exam. Y11 Drama students are always welcome to arrange a 1:1 with Mrs Stanisstreet if they are struggling in a specific area of the course.

Example Student Mock Examination Timetable



Season: Year 11 Internal Exams 2024

Name: [REDACTED]

Year: 11

Gender: Female

Registration Group: 11BE

Date of Birth: [REDACTED]

Admission Number: [REDACTED]

Candidate Number: [REDACTED]

ULN: [REDACTED]

UCI: [REDACTED]

Name on Certificates: [REDACTED]

Special Arrangements Required

Timetabled Components

Date	Start	Duration	Board	Level	Element	Component
Thurs 14/11/2024	09:00	125	DOM	Locl/ B	1EN0X3: English Language X3	1EN0X3: English Language _X3
Thurs 14/11/2024	13:45	90	DOM	Locl/ B	1MA1X3: Mathematics Paper 1 X3	1MA1X3: Mathematics Paper 1 X3
Mon 25/11/2024	09:00	75	DOM	Locl/ B	8464X2: Science Trilogy Biology X2	8464X2: Science Trilogy Biology X2
Mon 25/11/2024	13:45	90	DOM	Locl/ B	1MA2X3: Mathematics Paper 2 X3	1MA2X3: Mathematics Paper 2 X3

Important: As with the End of Year Exams in Year 10, it is vital that students arrive on time to all exams & bring ID cards

Examination Boards and Subjects

AQA

Art

Biology

Chemistry

D&T

Dance

French

History

Physical Education

Physics

Photography

RE

Combined Science: Trilogy

Spanish

Textiles

EDEXCEL

Business

Citizenship

Drama

English Language

English Literature

Maths

OCR

Child Development

Computer Science

Enterprise & Marketing

Geography

WJEC

Food

Music

Useful to know for accessing additional resources,
past papers etc.!



Exam information

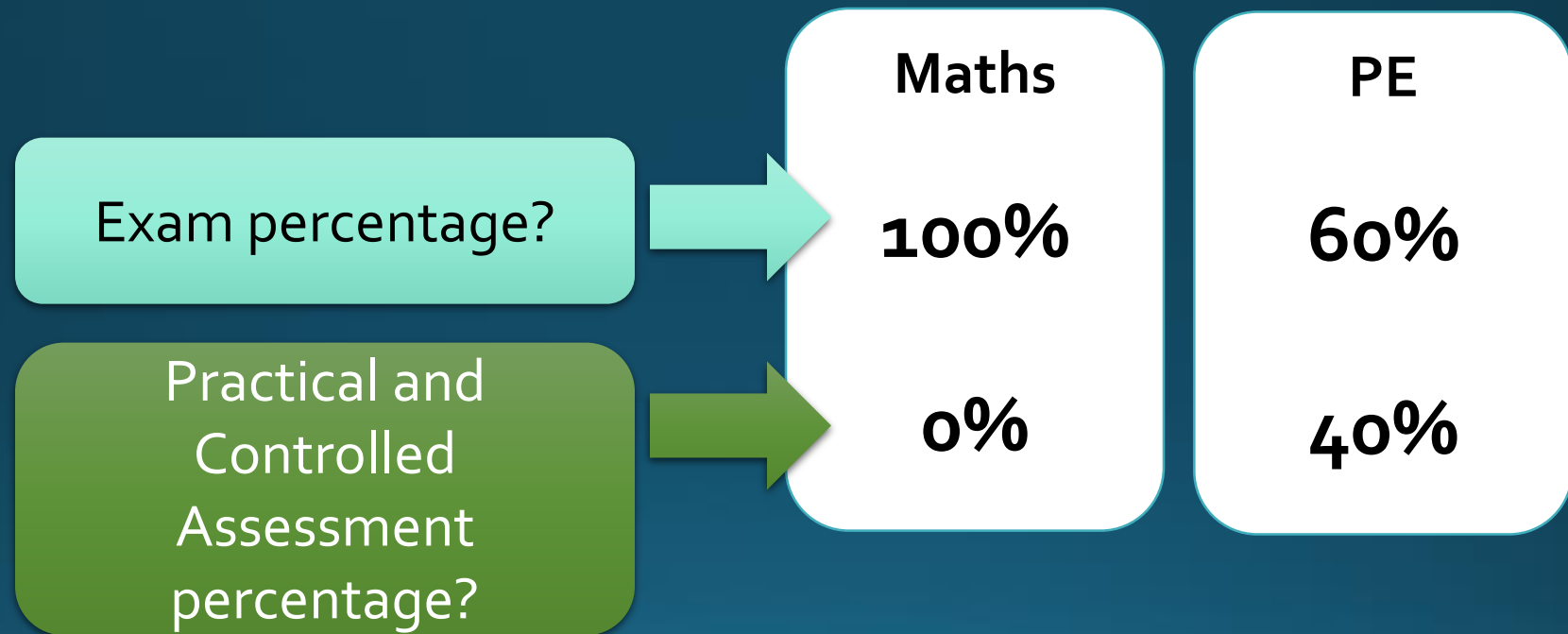
Just a reminder, if you have a question regarding additional time/support etc. for exams, please email:

exams@st-peters.bournemouth.sch.uk

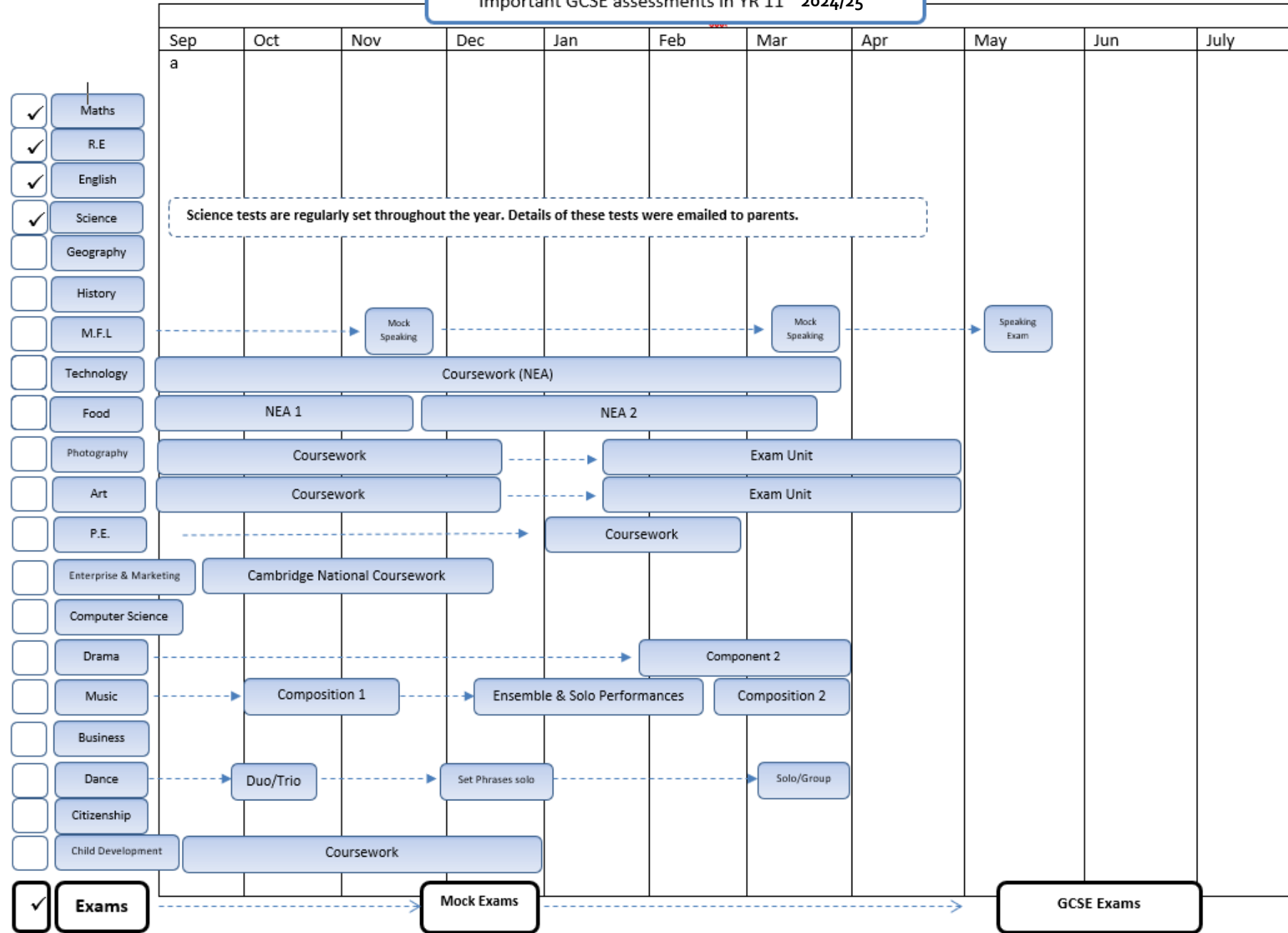
Point of contact: Mrs Haskell – Examinations Officer



How students are assessed in GCSEs? Exams and Controlled Assessment.



Important GCSE assessments in YR 11 2024/25



Key Dates



Mock Examinations:

Monday 18th November 2024 – Friday 29th November 2024

Mock Results Day:

Thursday 19th December 2024

Year 11 Parent Subject Teacher Evening:

Thursday 23rd January 2025

Year 11 Revision Information Evening

Thursday 13th February 2025

GCSE Summer Examinations:

8th May 2025 to 25th June 2025

Year 11 Prom:

Tuesday 26th June 2025

GCSE Results Day:

Thursday 21st August 2025



Keep in Contact

Email

SIMS

Phone

Teams

info@st-peters.bournemouth.sch.uk

Struggling to access SIMS Parent App?

- If you have a question regarding SIMS, email: info@st-peters.bournemouth.sch.uk
- Ref: Accessing SIMS



Opportunities at the end of the year

- Celebrate all the hard work and sacrifices that the students have made over the year.
- Extended summer holiday,
- Celebration Assembly with student and staff awards,
- Yearbook
- Class of 2025 Hoodies,
- Prom



Mrs Gould

Effective Revision

“Your homework this week is to revise”



- Improving Students' Learning With Effective Learning Techniques (Dunlosky et al. 2013) – reviewed 1000 studies looking at the top 10 revision strategies

- Cramming?



Which are the most effective strategies?



Practice testing - Self-testing to check knowledge - especially using flash cards

Self-explanation - how a problem was solved

Keyword mnemonics - choosing a word to associate with information

Interleaved practice - switching between different kinds of problems

Elaborative interrogation - being able to explain a point or fact

Summarising - writing summaries of texts

Imagery - forming mental pictures while reading or listening

Distributed practice - spreading out study over time

Highlighting/underlining

Re-reading

Less Effective



Keyword mnemonics - choosing a word to associate with information

Summarising - writing summaries of texts

Imagery - forming mental pictures while reading or listening

Highlighting/underlining

Re-reading

Moderately Effective



Self-explanation - how a problem was solved

Elaborative interrogation - being able to explain a point or fact

Interleaved practice - switching between different kinds of problems

Most Effective




Practice testing - Self-testing to check knowledge - especially using flash cards

Distributed practice - spreading out study over time


Why not try...

THE POMODORO TECHNIQUE[®]
A SIMPLE METHOD TO BALANCE FOCUS WITH DELIBERATE BREAKS



- 1 PLAN YOUR TASKS**
How many pomodoros might you need?
- 2 DO 1 POMODORO**
Time for 25 mins then take a 5 min break
NO SNEAKY WORKING!
- 3 REPEAT x 4 POMODOROS**
Then take a longer break

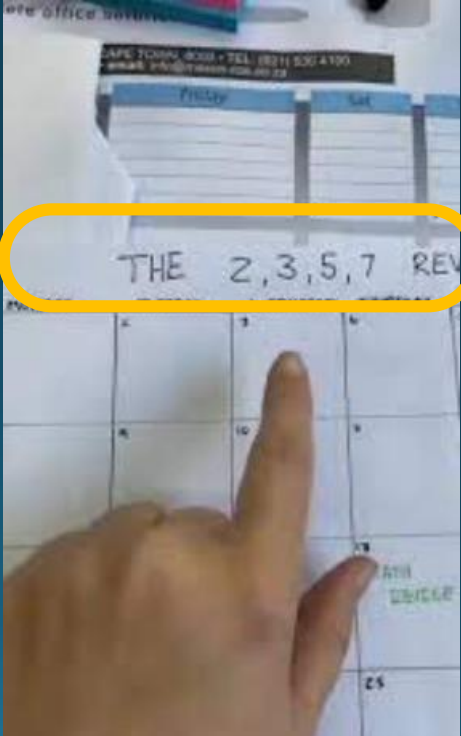
PROTECT YOUR POMODORO!

FOCUSED WORK 25 MINS | BREAK 5 MINS = 

LONG BREAK

CONCEIVED BY FRANCESCO CIRILLO sketchplanations

TITLE	DATE
BLURTING WRITE DOWN EVERYTHING YOU CAN RECALL ABOUT THE TOPIC FROM MEMORY	
WHAT DID YOU FORGET? KEY INFORMATION THAT YOU FORGOT. (WRITE IN A DIFFERENT COLOUR)	PRACTICE Q'S QUESTIONS TO TEST YOUR KNOWLEDGE AND EXAM TECHNIQUE



THE 2,3,5,7 REV

Advice from former Year 11 students...



Print off the specification and use it as a checklist when you revise - Ana

Start early and do as many practice papers as you can - Maisy

Use YouTube, it has great revision videos - Fleur

Make flashcards - Blessy

Use different approaches: flash cards, reading, past papers – find out what works for you.

Plan what you are doing and stick to it. Make your plan achievable and specific, not just “revise maths”

Find out what you're not sure about and then focus your revision on this - Jodie